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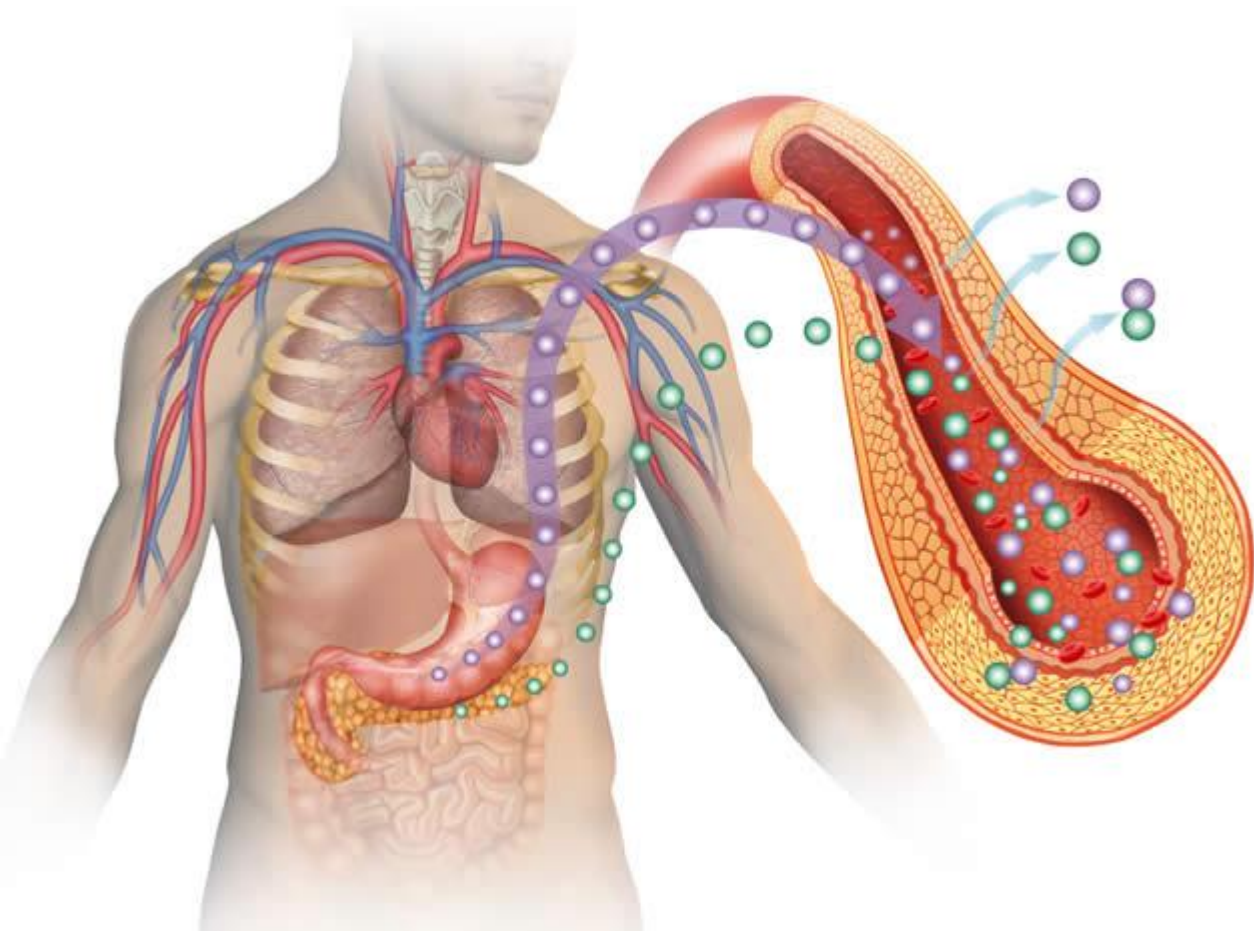
KEVA ANTI DIABETIC

DIABETES

Nowadays diabetes has become a common problem. In many people this disease is initially started, but they do not know about this, due to which the disease becomes very dangerous



Actually diabetes is a lifestyle disease. Diabetes is a chronic disease, which occurs when the pancreas does not produce enough insulin, or when the body cannot effectively use the insulin it produces.



This leads to an increased concentration of glucose in the blood (hyperglycaemia).

According to W.H.O,
Diabetes is a growing challenge in India with estimated 8.7% diabetic population in the age group of 20 and 70 years.
The rising prevalence of diabetes and other non communicable diseases is driven by a combination of factors - rapid urbanization, sedentary lifestyles, unhealthy diets, tobacco use, and increasing life expectancy.



Some Recent Studies on Diabetes

Recent studies conducted by WHO which reveals:

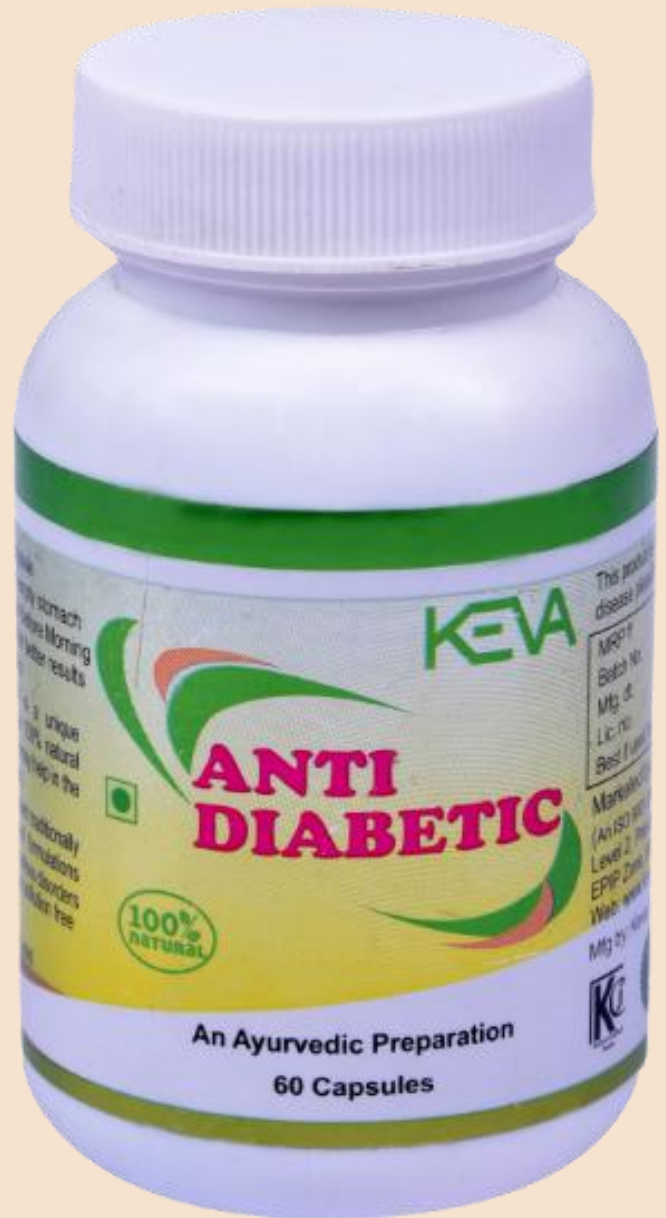
There are at least 20 million diabetics in India, which is the highest ever reported number from anywhere in the world. The prevalence of diabetes varies between 6-8% in urban and 2-3% in rural adults.

- Indians tend to be diabetic at a relatively young age of 45 years which is about 10 years earlier than in West.

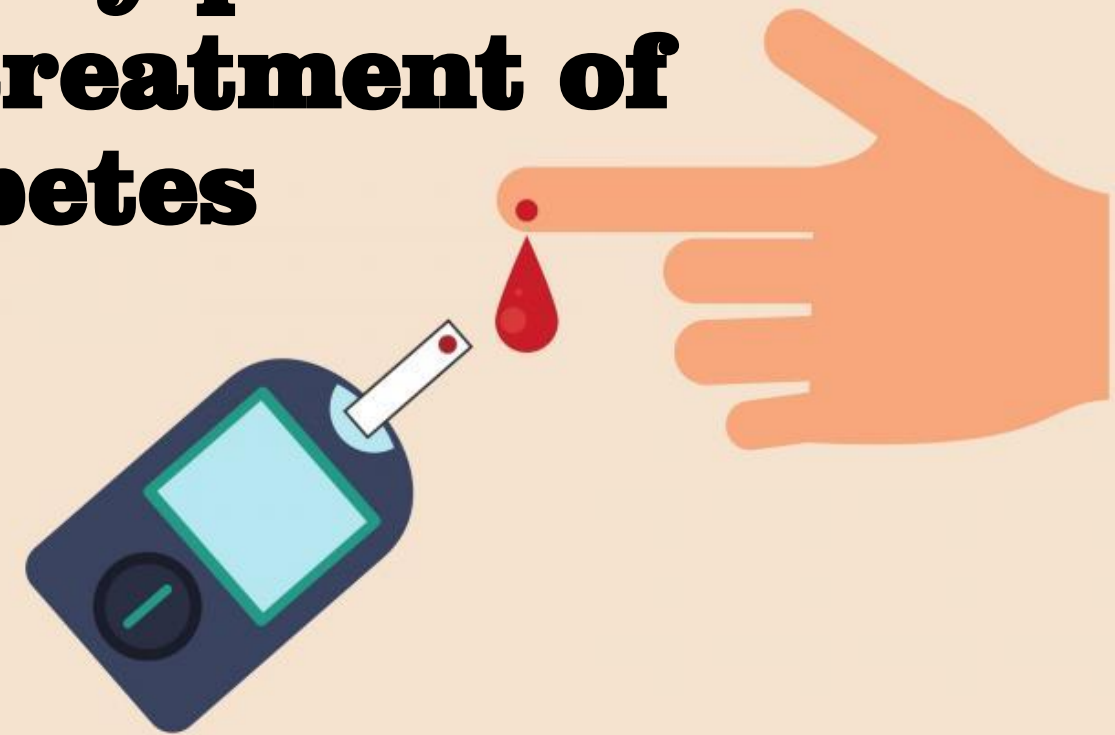
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Experts say manufacturing Keava Anti Diabetic capsule is a unique combination of herbs which are scientifically proven for herbal treatment of Diabetes



Anti Diabetic capsule helps to control blood sugar or glucose levels to better control this disease and reduce side effects, such as cardiovascular disease and nerve damage. This supplement provides balanced nutrition for the diabetic patient



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Keva Anti Diabetic capsule helps to control blood sugar levels and manage weight for better diabetes control and overall health

What Keva Anti Diabetic contains



Syzygium Cumini



Eleutherococcus Senticosus



Trigonella Foenum Graecum



Commiphora Wightii



Vaccinium Myrtillus



Gymnema Sylvestre



Momordica Charantia



Withania Coagulans



Tribulus Terrestris



Berberidaceae



Boerhaavia Diffusa



Asphaltum

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Syzygium Cumini

(Jamun)

Syzygium Cumini is particularly taken from Phillipines this is also known as blackberry & has good ORAC value 5347 per 100gms. Black Berries are all-natural and low in fat, carbohydrates and calories, but are high in fiber, vitamins and minerals - that have been proven to fight and lower the risk of chronic disease diabetes.



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Eleutherococcus Senticosus (Siberian Ginseng)

Eleutherococcus Senticosus is specially taken from Japan & this herb contains polysaccharides which help in improving the immune system, therefore resulting in lowering the blood sugar level in the body





Trigonella Foenum Graecum (Fenugreek)

Trigonella Foenum Graecum is an annual plant in the family Fabaceae prominently taken from rich environment of Argentina assumed to have restorative and nutritive properties. Fenugreek acts as a regulator of glucose and cholesterol levels in the body, in turn in those diabetic patients suffering from any heart illness, it helps to maintain their blood sugar level.



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Commiphora Wightii (Gugul)

Commiphora Wightii is specially taken from Africa and is known to carry anti diabetic effects normally used in various medicines made for diabetic condition





Vaccinium Myrtillus

(Bilberry)

Vaccinium Myrtillus is a species of shrub with edible fruit of blue color, commonly called "bilberry", "whortleberry" or "European blueberry" is specially taken from Canada. Bilberry has been used as food for centuries due to its high nutritive value, and today represents a precious wild delicacy. Bilberry leaf decoctions have been used to lower blood sugar in diabetes.





Gymnema Sylvestre

(Gurmar)

Gymnema Sylvestre is taken from China its Common names include miracle fruit, gymnema, cowplant, Australian cowplant, gurmari, gurmarbooti, gurmar, periploca of the woods, and meshasringa. Gymnema Sylvestre reduces the taste of sugar when it is placed in the mouth. From extract of the leaves were isolated glycosides known as Gymnemic acids, which exhibit anti-sweet activity. This effect lasts up to about 2 hours. Some postulate that the herb may reduce cravings for sugar by blocking sugar receptors in the tongue.





Momordica Charantia

(Bitter Gourd)

Momordica Charantia is particularly taken from Africa & Tablets of Momordica Charantia extract are sold in the Philippines as a food supplement and exported to many countries specially for diabetic person. Momordica Charantia also contains a lectin that has insulin-like activity due to its non protein-specific linking together to insulin receptors. This lectin lowers blood glucose concentrations by acting on peripheral tissues and, similar to insulin's effects in the brain, suppressing appetite. This lectin is likely a major contributor to the hypoglycemic effect on diabetes that develops after eating bitter melon.



Withania Coagulans

(Paneer Phool)

This herb has been taken from Africa & has been shown to possess varied medicinal properties. The aqueous extract of the fruits has been shown to exert hepatoprotective, antiinflammatory and antidiabetic activity. Recently, it has been reported by our research group that the aqueous extract of *W. coagulans* has hypoglycemic potential. The present communication is an endeavor in the direction of evaluating the *in vivo* hypoglycemic as well as antidiabetic effect from ethanolic extract *W. coagulans* fruits in streptozotocin-induced diabetic rats so that it can be used as a value added agent for managing diabetes.



Tribulus Terrestris

(Gokharu)

Tribulus Terrestris is taken from Africa & clinical studies suggest that the protective effect of this herb for STZ-induced diabetic rats may be mediated by inhibiting oxidative stress. For diabetes, several studies have shown tribulus reduced blood sugar levels in rats and Amin et al. (November 2006) showed that Tribulus terrestris had a protective effect on rats with diabetes.



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Berberidaceae (Barberries)

Berberidaceae is specially taken from Japan also known as Japanese Barberry. The root bark contains berberine, quaternary ammonium salt of isoquinoline alkaloid. Berberine has antibacterial, antifungal, antiviral and antioxidant properties. It can possess anti-inflammatory, anti-tumor and anti-diabetic activities.





Boerhaavia Diffusa

(Punarnava)

Boerhaavia Diffusa is taken from Africa has a high fiber content that maintains the blood sugar level, by lessening the stress on the pancreas.



The logo for KEVA, featuring the letters 'KEVA' in a stylized, green, blocky font inside a white oval with a purple border.

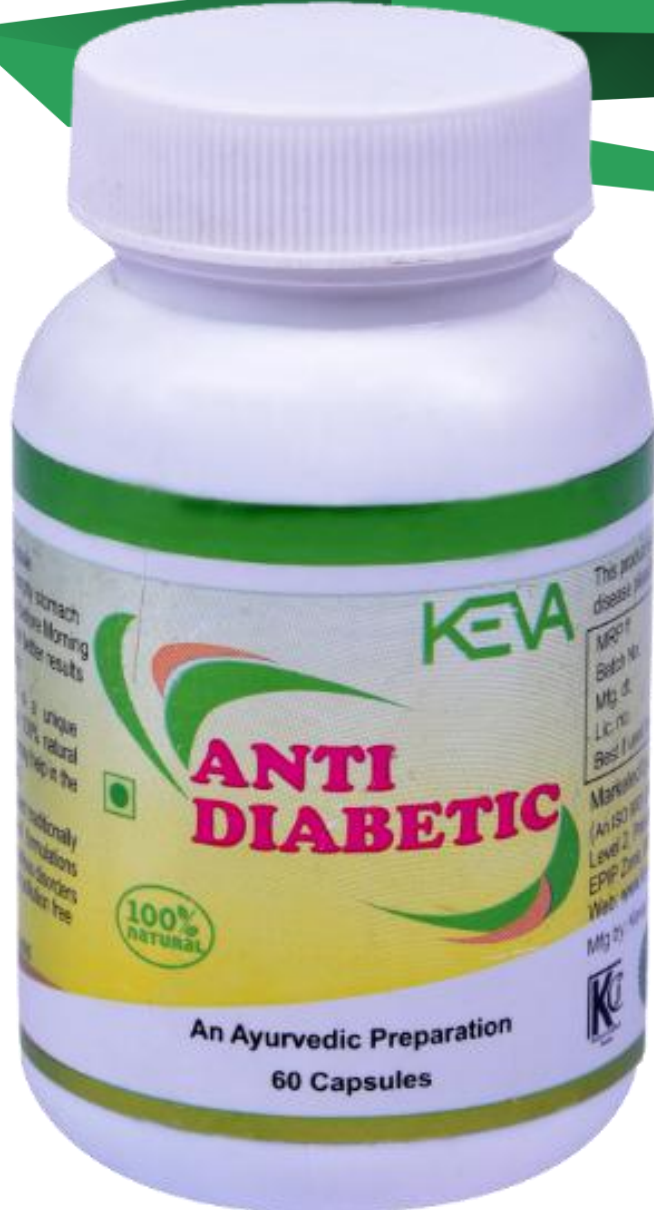
Asphaltum (Shilajit)

Asphaltum is specially taken from China & Asphaltum is particularly important in treating diabetes, where it has a good record of treatment of secondary diseases arising from diabetes like weakness , obesity or joints pain etc.



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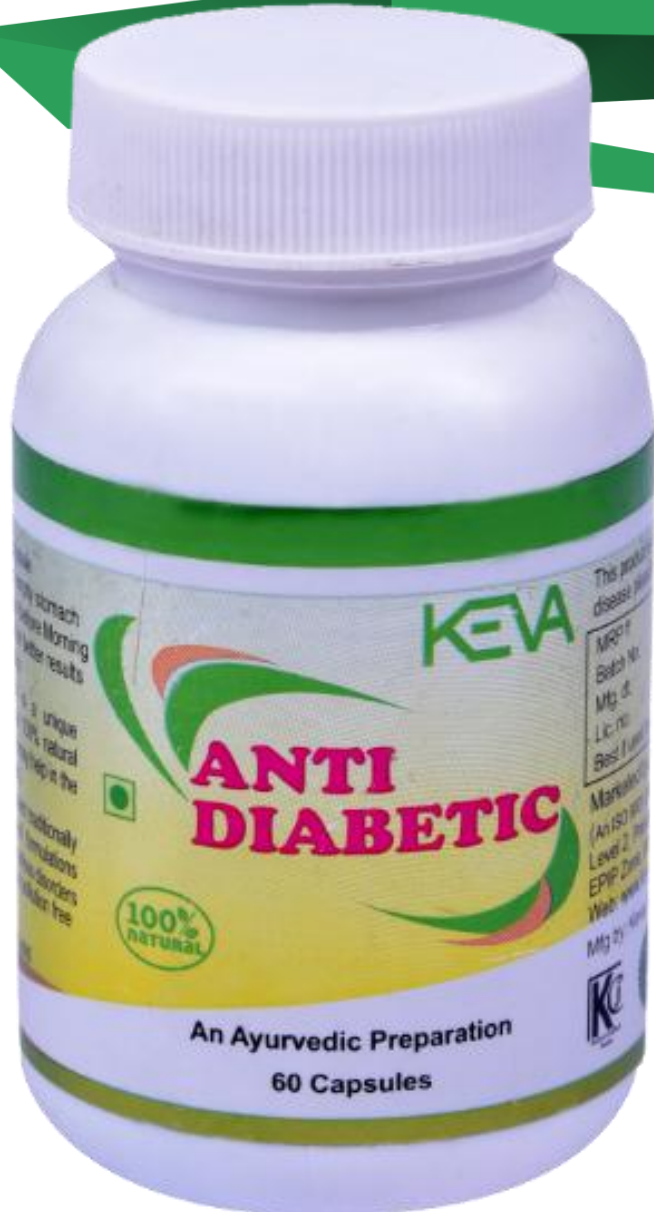
Why Keva Anti Diabetic Capsule?



Hectic life style, irregular and non nutritious diet heavy competition in every field coupled with other circumstances has resulted in to increase in number of diabetic patients. Young generation is more susceptible to this, which is alarming. Use of supplements like this may help to minimize the risk with added benefits. Diabetes is the world's 4th cause of death and in fact there are over 200 million people who are diagnosed with diabetes and its number is increasing yearly.

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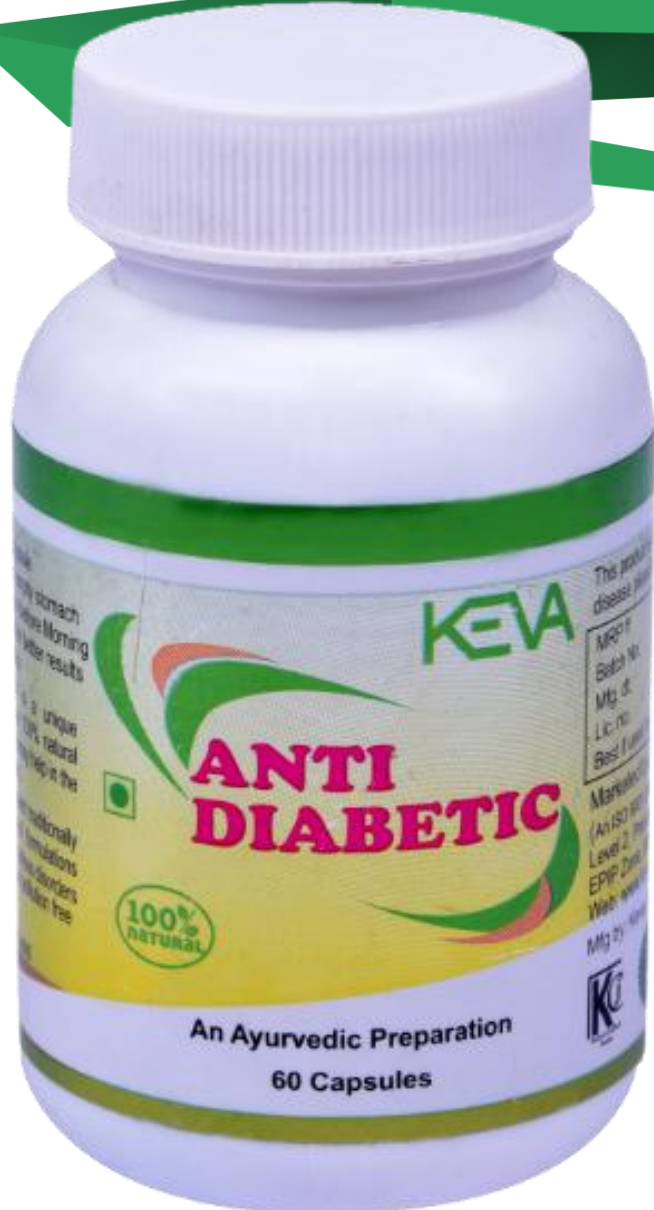
Why Keva Anti Diabetic Capsule?



Whether you are already diagnosed with diabetes or if you are at a high risk of getting diabetes, Anti Diabetic Capsule can help you in your fight against diabetes. This Anti Diabetic Capsule works best with a proper diet and regular exercise to maintain normal glucose levels in the blood. Doctors and researchers suggest that the herbs used in Anti Diabetic Capsule have the ability to help strengthen the immune system which, in turn, can help the body maintain strong insulin levels. As a result, many Type I and II diabetics have finally found relief from this often deadly disease in the form of Anti Diabetic Capsule.

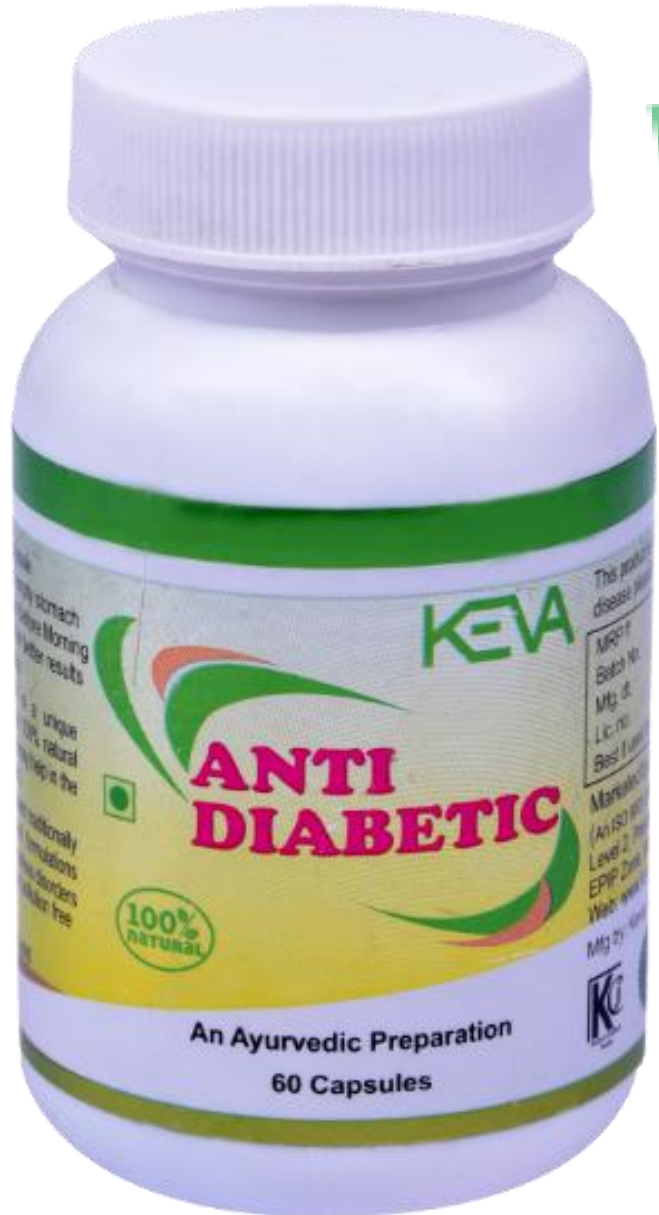
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Why Keva Anti Diabetic Capsule?



Keva Anti Diabetic Capsule helps relieve diabetic complications through its ability to stimulate the body's production of nitric oxide. Anti Diabetic Capsule helps also reduce the diabetic hypertension. Both may also be important factors in decreasing symptoms such as poor circulation and vision problems

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Benefits of Keva Anti Diabetic

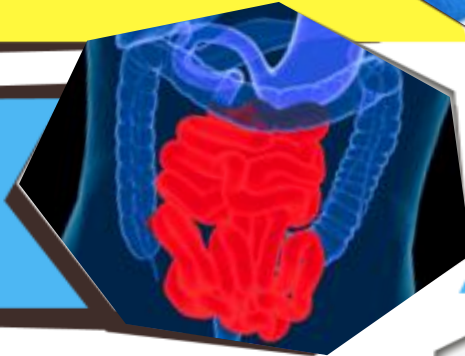


May support in reducing Blood Sugar Levels



Aids in controlling signs & symptoms of diabetes

May help in doing Optimum Glucose Absorption from Intestine



Noticeably increases body's immunity & energy levels



Encourages in activating and repairing pancreas to optimally secrete insulin



Vitalizing to lessen the daily fatigue

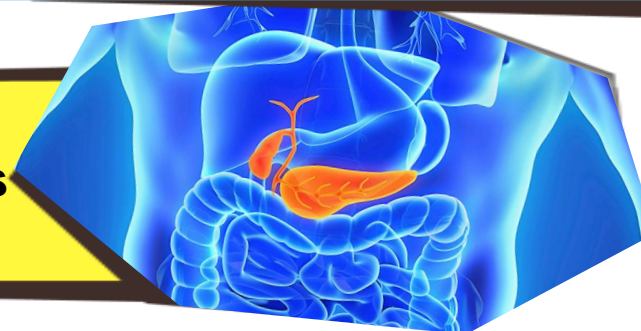
Supports in regulating insulin level in the body



Helps in increasing immunity of diabetic patient to various diseases



Helps in Stimulating the pancreas to secrete insulin which directly controls the sugar level both in blood & urine



How to Maintain Sugar Level in the body

One can follow certain tips to maintain normal sugar level in the body:

- **Think proteins, not sugar.** While sweets and candy will give you a temporary spike in blood sugar, they will cause a significant drop soon after. Eating a sugary snack when your glucose levels are low might seem like a quick fix, but for long-term relief, a balanced meal is in order. Proteins provide energy, and take longer to digest than sugar, so it sticks with you.
- **Don't skip breakfast.** Eating a healthy breakfast provides a stable platform for the rest of the day. A combination of complex carbohydrates and proteins with fruits and vegetables will wear off gradually instead of causing your blood sugar to suddenly drop, which drains the body of energy. Plus, a good breakfast curbs that urge to make a trip to the vending machine!

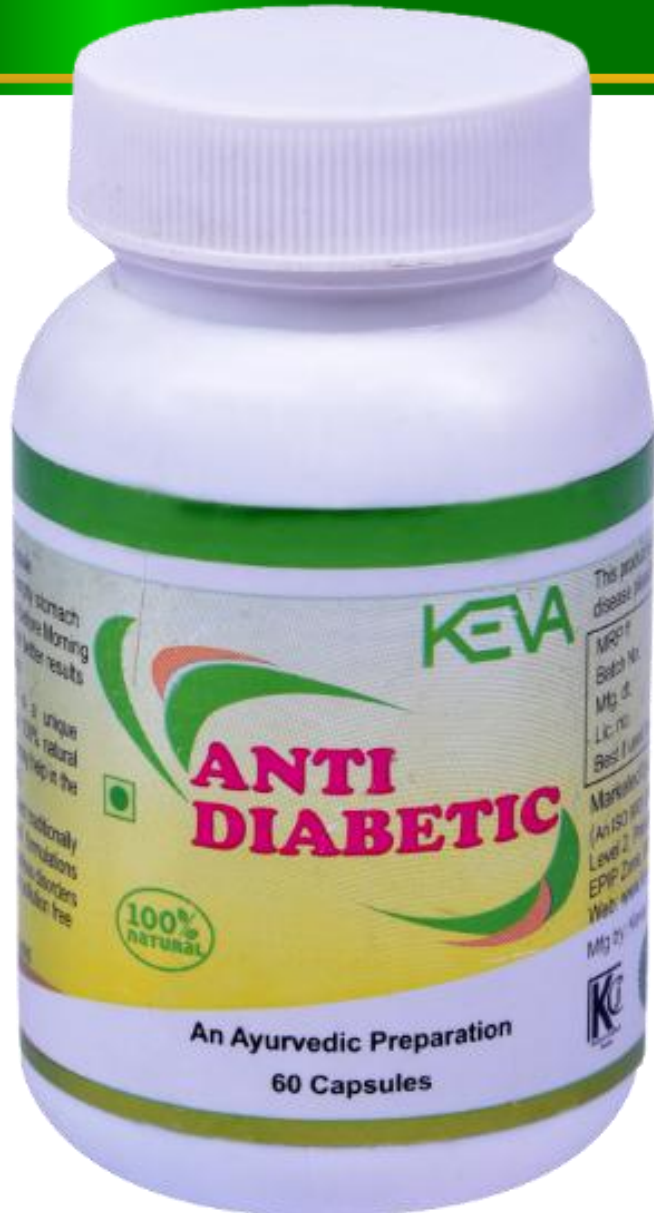
How to Maintain Sugar Level in the body

- Carry healthy snacks with you. Anyone who has experienced faintness or dizziness from low blood sugar knows what a scary feeling that can be, especially when you don't have immediate access to food. I always carry something with me that contain protein; it can be as simple as a pack of peanut butter and crackers.
- Exercise! Working out not only boosts your immune system, it helps regulate your body's glucose levels. Some studies have found that walking works wonders for body energy levels, especially if one finds time in the morning. However, if just starting a new workout regimen, keep it light for the first few weeks, and carry something to eat with you in case you start feeling weak.
- Don't go too long without eating. Every person is different, but I feel best when I eat at least every four hours. Plan to eat breakfast, lunch, dinner, and one or two snacks during the day.

How to Maintain Sugar Level in the body

- **Replace sugary snacks and sodas with juice, seeds, nuts, and granola. Instead of candy and chips, look for snacks that contain protein.**
- **Eat more food with fiber, or add a fiber supplement. According to a study done by the American Diabetic Association, participants on a high-fiber diet saw an 8.9% drop in blood sugar levels**
- **Stay hydrated! Often we mistake a sense of thirst for hunger, and this can lead to poor food choices. Water is best, and milk and other drinks containing protein are good as well. However, stay away from sodas (and often, juices) because these can cause a spike in blood sugar that will result in a crash later**

How to Use Keva Anti Diabetic?



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Take 1 capsule twice a day on an empty stomach at least half an hour before Morning & Evening meal. For better results use for 6-12 months

Note: This is not a medicine & not intended to diagnose, treat, prevent & cure any disease. Please consult your healthcare physician.

Contact

Keva Industries

Website : www.kevaind.org



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